

- True/False Your ex-spouse insists that you come and go exactly at the time stipulated.
- True/False There will be insistence that you detail where you take the child and under what conditions.
- True/False Your arrangements with the child are changed by your ex-spouse at the last minute.
- True/False Your ex-spouse will deliberately offer the child alternative events on your days and then say the child has chosen the alternative event.
- True/False Your ex-spouse will duplicate gifts you give the child to undermine the value the child puts on your gift.
- True/False Your ex-spouse will hide, break, or deliberately be careless with things you give your child.
- True/False Things you say will deliberately be misinterpreted to the point where you will think twice about doing or saying anything.
- True/False Your ex-spouse may ask for extra money for the child, and present the request in such a way that it obviously implies you will lose out on contact if you don't make the offer.
- True/False Your ex-spouse will write to inform you of changes in contact times but post the letter so that it cannot possibly reach you in time.
- True/False You will not be keep informed of the child's well-being, education reports, activities or other significant events that you might expect as a parent.
- True/False If you do anything to help your child, your ex-spouse may thank you in a way that a stranger doing a favor is thanked.
- True/False Should you buy the child clothes, your ex-spouse will criticize your taste or understanding of the child's needs.
- True/False Your ex-spouse will criticize your home, friends, and life-style.
- True/False Your ex-spouse will allow the child to miss homework during the week so that it has to be done during your contact time.
- True/False Your ex-spouse will interpret your contact time as being the total amount of time available for all visitation.
- True/False If your ex-spouse sees you out in public while with the child, you will be ignored by the other parent and the child.
- True/False If you participate in school/club events and see your child there, your ex-spouse will tell you are not allowed to visit with your child.
- True/False If you have a new partner, your ex-spouse will insist that the new partner is not involved in contact times because it distresses the child.
- True/False If you send your child gifts on special occasions, they get overlooked on that day.
- True/False When you phone your child, your ex-spouse says the child is busy, out, or does not want to speak with you.
- True/False Your ex-spouse constantly reminds you of your shortcomings as a parent in front of the child.